



**CHE in his Blood**

*Timothy's Story*



medical ambassadors

INTERNATIONAL

healing lives...transforming communities

Medical Ambassadors International (MAI) builds relationships with the world's most vulnerable people and together work to heal communities both physically and spiritually. For over 40 years, we have practiced a method that begins not with answers, but with questions. We engage local leaders to ask, "**What do you need to be happy and healthy?**" This dialogue shapes our focus as we collaboratively develop educational programs tailored to local priorities.

At present MAI works in **3,007 communities** around the world impacting a population of **3.4 million people** in **76 countries** through the work of over **59,000+ volunteers** who live and serve in these communities. All this is done through our niche program **Community Health Evangelism (CHE)**.



**CHE is a proven, powerful development process that determines and meets the needs of the whole person —physical, spiritual, emotional, and social.**

Initially addressing health concerns, our programs have organically expanded to encompass diverse community needs: agriculture, literacy, family dynamics, micro-enterprise, disability inclusivity, and beyond. Our approach empowers learners to become instructors themselves, fostering a sustainable cycle of knowledge transfer from neighbor to neighbor.

Families often stay in the CHE program for years, learning and implementing information from many different lessons. Community members are presented with development knowledge as well as with the Gospel unless it is a security issue.



In **CHE Communities** health improves, infant mortality decreases, agriculture becomes more productive, and jobs are created.

Water systems, roads, schools, and clinics are built, and churches are planted. People have recovered their identity as **made in the image of God** and their vocation as stewards of creation.

Instead of being controlled or victimized by their environment, they are stewards of it. People are equipped to **identify needs** and **resources**, put together a plan, and mobilize volunteers to **accomplish their vision**.

People are continually reflecting on what is happening in order to learn how to be more effective. Believers are meeting together for fellowship, prayer, Bible study and worship, and are **sharing Christ with their neighbors through word and deed**.



## One of the many stories...

**Timothy Timusiimu** was a well-respected lay leader in his village in Uganda. His reputation for integrity, kindness, and willingness to help others had long made him a natural leader. But his journey of transformation and community impact truly began when he was selected as the **'Person of Peace'** by Rev. Gadith, the local Medical Ambassadors International's Community Health Evangelism (CHE) Facilitator responsible for the area. Today Timothy is described as a person with 'CHE in his blood'.

Rev. Gadith had been observing Timothy for a while. He saw a man deeply committed to his people, a man who longed to see his village thrive both physically and spiritually. Unlike many who simply complained about the village's struggles—disease outbreaks, poverty, family discord, and harmful traditional practices—Timothy was a man of action. When Gadith approached him with the idea of CHE, Timothy listened intently. The concept of holistic transformation, integrating health, development, and the Gospel, deeply resonated with him.



With great enthusiasm, Timothy took up the responsibility of identifying other leaders in his community who shared the same vision. He gathered men and women who were willing to commit their time and effort to see change in their village. In consulting with others in the village he was able to identify ten volunteer leaders to be a part of the CHE committee.

Soon, the training sessions began. The volunteer leaders sat under trees and in small huts when it rained, eagerly learning about how to envision their village to be a transformed place. Rev Gadith briefed them about their role as leaders, leading the process of transformation of their own village. With Timothy by his side he challenged the volunteer leaders to each pick a CHE volunteer from their circle of influence, whom they trusted and whose work they could monitor. Enthusiasm in the village grew and the newly launched CHE committee members proceeded quickly to identify CHE volunteers to be trained as trainers.

*CHE teaches people to identify and solve their own problems, rather than promote cycles of dependency.*



Water filter made using sand, pebbles, charcoal



CHE Lessons and Bible Study

## CHE Volunteers Mobilized

When the ten CHE volunteers were selected and ready for their training, Rev Gadith prayed for each of them and undertook the training classes over the next several weeks. Classes focused on disease prevention, hygiene, clean water, and economic empowerment—always coupled with the message of God's love and redemption. As each lesson was completed, Gadith and Timothy encouraged each CHE trainee to share what they had learned with others. Each volunteer was encouraged to share each lesson with at least 15 other villagers in the course of a year.

Every week Gadith faithfully visited the village, taught, answered questions and advised them on how to create a demonstratable model of the lesson. Each trainee slowly developed his/her home to become a model “CHE household”. Soon there were multiple CHE household everywhere in the village – a home-made water filter, a garbage pit, a utensil drying rack, a small vegetable patch with healthy vegetables, a makeshift latrine, a smokeless cooker and much more.



Garbage Pit



Drying Rack

The visible models everywhere became a catalyst for more villagers to seek to learn and be counted among those who were CHE households! **Small micro-enterprises sprang up like chicken raising and multiple savings groups.**



Chicken farming



Micro Enterprise

## A Way Forward

Timothy was at the heart of it all. His ability to lead, encourage, and organize quickly set him apart. Soon, he wasn't just a volunteer; he became a key strategist in planning outreach programs. The villagers, who once felt hopeless, were beginning to see a way forward. With Timothy's leadership, they started implementing small but significant changes: digging latrines, filtering and boiling drinking water, and improving sanitation. And as these changes took root, so did the spiritual awakening. He stayed in regular touch with Gadith, learned new lessons from the simple booklet he had been given, and faithfully taught the group of CHE volunteer trainers so that they could in turn train others.

## Personal Growth and Community Impact

As Timothy worked with the CHE committee and CHE volunteers to transform the village, he realized that the journey was changing him as well. Through CHE, he not only taught others but also deepened his own understanding of how God works in people's lives. He had always been a man of faith, but now he saw faith in action—faith that brought tangible change that was physical and spiritual.

One of the most striking changes in the village was the reduction in disease. Malaria, once rampant due to stagnant water and unclean surroundings, drastically declined. Children who once fell sick repeatedly now ran around with boundless energy. The villagers, seeing these changes, became even more committed to CHE principles.

As they embraced better health practices, their interest in spiritual matters grew. The Gospel was no longer just words; it was visible in their everyday lives—ministering to them physically and spiritually, in true CHE style.



Simple Latrine



Raised Compost Pit

**Timothy found himself in the middle of an incredible movement.** People who once spent their earnings on alcohol were now using their money to improve their homes. Domestic violence, once a silent epidemic in the village, saw a dramatic reduction as men and women learned about mutual respect and the biblical foundation of marriage. Families became stronger, and a renewed sense of unity filled the air. Bibles that had not been read for a long time, now came out to be studied regularly around small house groups.

As new believers came to faith, the small local church began to overflow. Timothy, now leading Sunday services as a lay leader, witnessed a hunger for God he had never seen before. He preached about the power of choice, often quoting Joshua's famous words: "Choose this day whom you will serve."

The response was overwhelming. Those who had been bound by witchcraft and traditional rituals renounced their ways and turned to Christ. The village's reputation changed. Where fear and superstition once ruled, the name of Jesus was now proclaimed.

**People said, "Jesus has visited our village, and He is changing everything."**

With the church growing, a new challenge arose—the small mud-brick structure was no longer enough to accommodate the believers. But this was no longer a village that waited for outsiders to come and solve their problems. The people had learned to take ownership of their development. “Let us arise and build a bigger church,” they said. And so, with their own hands and resources, they did. They donated labor, brought materials, and worked tirelessly. They had learned to tithe, not out of obligation but out of gratitude. Soon, a larger, stronger church stood as a testimony to God’s faithfulness.

### **A Leader Beyond His Village**

As the village thrived, Timothy’s influence extended beyond his own community. His leadership skills and passion for CHE caught the attention of the Diocese. Seeing his dedication, they confirmed him as the pastor of the village church. His journey from lay leader to pastor was both humbling and empowering. **But this was only the beginning.**



**Timothy and his wife**

Timothy's impact didn't stop at his village's borders. As a newly recognized leader, he was selected for advanced CHE training, eventually becoming a Master Trainer. This allowed him to train other trainers, multiplying the work and spreading the vision of holistic transformation to neighboring villages. His visits became highly anticipated, as people from surrounding communities sought to learn from him. He was no longer just a village leader - **he was a regional catalyst for change!**

With his expanding role, Timothy found himself not only preaching but also counseling families, guiding young people, and helping villages establish their own CHE programs. He was often called to pray for the sick and those struggling with satanic bondage. His name became synonymous with hope and transformation. His responsibilities grew, but so did his blessings. God continued to expand his personal life as well. His family was thriving, and his marriage remained strong despite his demanding schedule. He and his wife were recently blessed with a granddaughter, filling their home with even more joy.



Timothy's Granddaughter

Timothy's journey took another significant step forward when he was appointed to oversee an entire parish, a cluster of eight villages. The task was enormous, but so was his faith. He now had a broader platform to implement CHE and bring transformation at an even larger scale.

**With every new village he touched, the same cycle repeated: improved health, reduced poverty, restored families, and vibrant churches.**



**Church built by village members**

## Conclusion: The Legacy of Timothy Timusiimu

Today, Timothy Timusiimu is more than just a pastor or a CHE trainer. He is a symbol of what can happen when one person is willing to be ready to be used by God. His journey is a testament to the power of holistic transformation—how physical, social, and spiritual change go hand in hand. Through his leadership, hundreds of lives have been impacted, and communities that were once struggling have become beacons of hope.

Timothy's story continues to inspire many. Young leaders look up to him, and churches in other districts seek his guidance. But if you ask Timothy what drives him, his answer remains simple:

**“I have seen what God can do, and I want others to see it too.”**

The story of Timothy Timusiimu is not just about one man—it is about the power of faith, the strength of a united community, and the unstoppable force of transformation when people embrace God's calling – to share the gospel through word and deed.

And as Timothy continues his work, village by village, family by family, the impact of his obedience will echo for generations to come.

We, at Medical Ambassadors International, are proud to be partners with Timothy and **over fifty nine thousand other amazing volunteer** like him!

*Scan QR code to listen to Timothy sharing about what God is doing.*





*Join us!*

“But those who hope in the Lord will  
renew their strength. They will soar on  
wings like eagles.” - Isaiah 40:31

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